

Rutgers Tech Matters



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Knowledge is power with the Rutgers IT Help portal

Did you know the Rutgers IT Help portal has over 900 total knowledge base articles with tips and advice on topics such as NetID password changes, two-step login with Duo, connecting to RUWireless, printing and more? Additionally, these articles have been viewed 270,000+ times over the last six months. [Visit the Rutgers IT Help portal](#).

No design skills? No problem—use Adobe Express for quick and easy graphics



Need to put together a graphic or video for a class, presentation, or work project? Adobe Express is part of the Adobe Creative Cloud suite and available to everyone in the university community. With its user-friendly tools built for non-designers, you can create polished content with ease. [Learn the basics](#) with LinkedIn Learning and Adobe tutorials.

Advancing AI at Rutgers

Nearly 100 experts from across Rutgers are addressing critical questions about artificial intelligence as part of the AI@Rutgers Initiative. [Read our recent update](#) on shaping the future of AI at Rutgers. Wondering about AI tools or seeking guidance on the use of AI? [Visit our AI webpage](#).

Finding balance in a digital world

Technology shapes how we work and connect, but constant screen time can take a toll. Digital wellness is about setting boundaries and making mindful choices. Explore this [Rutgers IT newsroom story](#) for tips on creating a healthier relationship with tech.

[Visit it.rutgers.edu](https://it.rutgers.edu) for information and resources about technology services and support at Rutgers. Questions or comments about this e-newsletter? Email itcomm@rutgers.edu.

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