



STOP

Resist immediate action when receiving an email or text.



Title: URGENT: Your Password will expire
From: MyUniversity
Date: 12:18 AM
To: Me

Dear network user,
This email is meant to inform you that
your password will expire in 24 hours. Follow the link to
update your password.
[Myuniversity.edu/reset-password](https://myuniversity.edu/reset-password)

LOOK

Check for anything unusual in the message.

Thank you
Network Security Staff



THINK

If something seems "phishy," report it immediately to your IT team.

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